



Looking for: volunteers for @ease

At @ease, **young people** between the ages of 12 and 25 can drop in or chat with a volunteer to talk freely about their concerns. Discussion topics can be very different: heartbreak, drug use, divorce, bullying, eating behavior, study stress, depression, debt, etc. No matter how big or small the personal questions are, they can talk about it at @ease. **Anonymous and free!** There is a trained team of enthusiastic young volunteers and professionals who can respond well to the concerns people have and - if necessary - can help someone (quickly) find the right care outside @ease.

At @ease we believe that no young person should be alone if things are not going well for a while. **We could use your help with this!**

We are looking for volunteers at @ease!

For the locations: Maastricht, Amsterdam, Heerlen, Rotterdam, Groningen and Leiden, we are always looking for young people who, as a volunteer, want to offer other youngsters a listening ear. Can you listen well? And would you like to work for young people? Then we are looking for you if you:

- are between the ages of 18 and 30;
- are able to cope with your own problems in a healthy way;
- are willing to work according to the @ease values;
- are prepared to speak to young people both on location and via chat;
- are willing to participate in @ease promotional activities;
- are regularly available for a period of at least 3 months.

We offer you:

- a nice and friendly team of volunteers and professionals to work with;
- a workplace where you gain experience in listening to and having conversations with young people;
- training in the @ease concept and the associated conversation techniques;
- guidance led by an experienced youth professional together with fellow volunteers;
- a workplace where there is plenty of room for your ideas and initiative;
- **voluntary work where you can really mean something to youngster.**

Are you @ease?

We would like to receive an email with your motivation and your CV via the @ease location where you would like to join. Do you want more information? Be sure to contact us by email or just drop by. **Please note:** Before you become a volunteer at @ease, you follow our mandatory (free 😊) two-day volunteer training. It is possible that there is a waiting list for new volunteers depending on the location.